

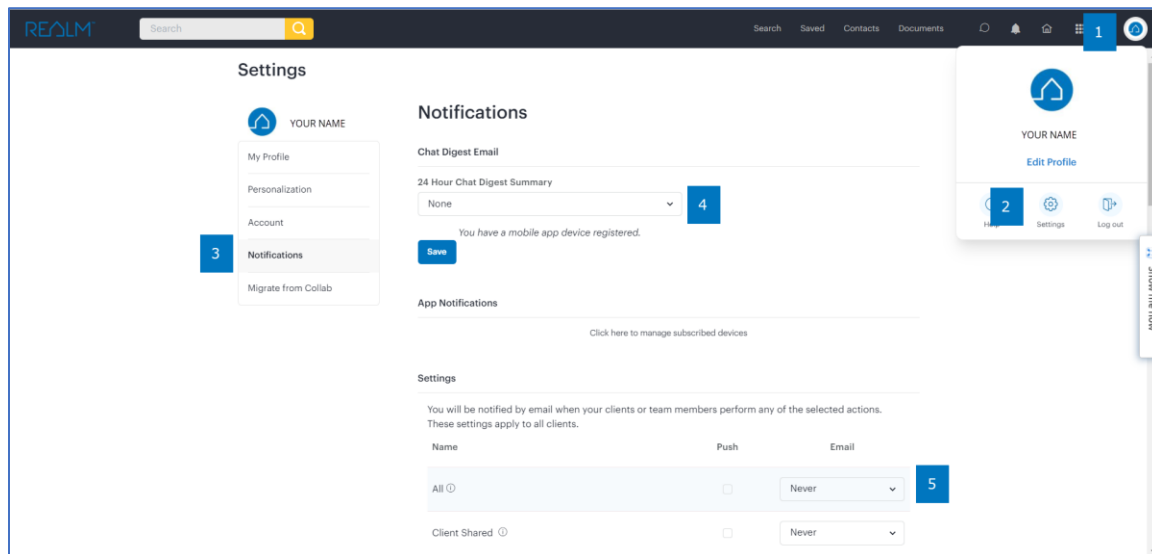
## Tips & Tricks

### How to Disable Email Notifications on your PC

In REALM, you can disable email notifications for all tasks completed by a client or a team member.

To disable email notifications on your computer:

1. Select the **Avatar** at the top right of the page.
2. Select **Settings** from the menu.
3. Select **Notifications** from the left side of the page.
4. Underneath **24 Hour Chat Digest Summary** select the **down arrow** and then choose **None**.
5. Scroll down to the **Settings** section. To the right of **All** select the **down arrow** and then **Never**.
6. Select **Save** at the bottom of the page.



*Note: these settings apply to all clients.*

If you have any questions, please contact us at [Help@REALMmlp.ca](mailto:Help@REALMmlp.ca).

