

## Tips & Tricks

### How to Disable Email Notifications

In REALM you can disable email notifications for all tasks completed by your sales representative.

To disable email notifications:

1. Select the **Avatar** at the top right of the page.
2. Select **Settings** from the menu.
3. Select **Notifications** from the left side of the page.
4. To the right of **24 Hour Chat Digest Summary** select the **down arrow** and then **None**.
5. To the right of **All** select the **down arrow** and then **Never**.

